



THERE ARE SO MANY GOOD REASONS TO BIKE IN COLUMBUS!

Throughout Columbus, we are working to provide the community options to bike more often, to bike to more places, and to feel safe while doing so. The benefits of riding a bicycle include improving environmental and personal health, reducing traffic congestion, providing economic rewards, and enhancing quality of life.

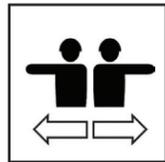
As a kid I had a dream - I wanted to own my own bicycle. When I got the bike I must have been the happiest boy in Liverpool, maybe in the world.
- John Lennon

BE PREDICTABLE



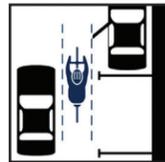
OBEY SIGNS AND SIGNALS

Bicycles must be driven like other vehicles if they are to be taken seriously by motorists. **Always ride with traffic.**



ALWAYS USE HAND SIGNALS

Tell motorists what you intend to do. Point in the direction of your turn. It's courtesy, self-protection, and the law



RIDE CONSISTENTLY

Ride to the right of faster traffic in a straight line approximately a car door's width from parked cars.

BE ALERT



NEGOTIATE WITH CARS

Don't assume a driver sees you. Make eye contact and communicate through hand signals and body language.



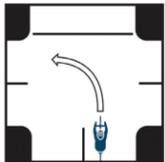
SCAN ROAD BEHIND YOU

Learn to look over your shoulder without swerving left. Stay aware: motorists may not see you, especially in their blind spot.



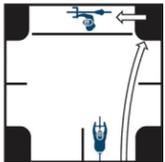
RESPECT PEDESTRIANS

Pedestrians in a crosswalk have the right of way. When passing pedestrians from behind, give audible warning and pass with care.



TURN LEFT, AS A MOTORIST

Signal, move to left lane and turn left. In a left turn only lane, stay to the right to allow motorists behind to make their turn on your left.



TURN LEFT, AS A PEDESTRIAN

Ride straight across to the crosswalk on the far side, then go left across the intersection when it is safe.

BE EQUIPPED



ALWAYS WEAR A HELMET

Be sure the helmet is the right size and the straps are set to keep the helmet properly positioned (level to ground when you're standing).



LOCK UP YOUR BIKE

Buy the best locks you can afford; no lock is as expensive as a new bike. Look for the "C" bike racks, they're all over the community!



SEE AND BE SEEN

Use a strong white front light and red rear light (blinking is best) when visibility is obscured. Wear light-colored or reflective clothing.

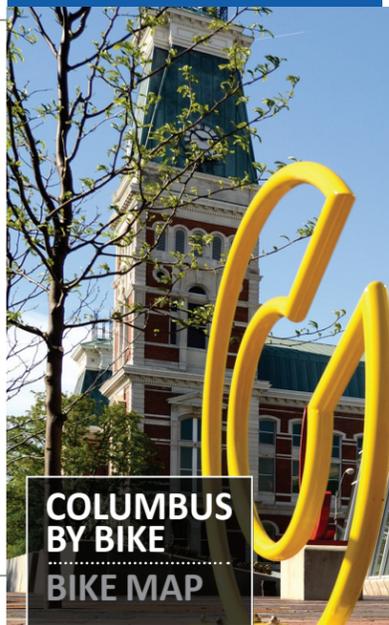


RECOMMENDED WEBSITES

- BICYCLE INDIANA
BICYCLEINDIANA.ORG
- BICYCLE INFORMATION CENTER
BICYCLINGINFO.ORG
- BIKES BELONG
BIKESBELONG.ORG
- COMPLETE STREETS
COMPLETESTREETS.ORG
- LEAGUE OF AMERICAN BICYCLISTS
BIKELEAGUE.ORG

Burn
Carbohydrates,
Not
Hydrocarbons

Z-CARD®; PocketMedia®; US patent 5945195 #J882
Z-CARD® NA, 212-797-3450 www.zcardna.com



COLUMBUS
BY BIKE
BIKE MAP

BIKING TIPS FOR COMMUTERS

Employees who ride their bike to work tend to be more alert, more productive and are generally in better health. Have fun, get fit, and start your day energized!

- » Choose roads with lower traffic volumes and speeds for your commute.
- » Slow down. This is not a race; pedaling a little slower will prevent sweating and only cost a little time.
- » Share the road and be courteous.
- » Be safe. Wear your helmet and use lights when necessary.
- » Be confident.
- » Wear functional, comfortable, light-colored clothing.
- » Be patient and persistent while enjoying the ride!
- » If you're hesitant to ride to work, find a co-worker who commutes and ask him/her to help you determine the best route. Ask him/her to accompany you a time or two until you are more comfortable.
- » Speak with your local bike shop about commuter accessories, tips, routes, etc.

AREA BICYCLE SHOPS & RESOURCES FOR BICYCLISTS

COLUMBUS BICYCLE CO-OP
1531 13th Street
(Doug Otto, United Way Center)
www.facebook.com/columbusbicyclecoop

THE BICYCLE STATION (Rents bikes!)
1201 Washington Street
812.379.9005
www.thebicyclestation.com

COLUMBUS CYCLING AND FITNESS
833 Sixteenth Street
812.372.7486
www.columbus-cycling.com

COLUMBUS AREA VISITORS CENTER
506 Fifth Street
812.378.2622
www.columbus.in.us

COLUMBUS - BARTHOLOMEW COUNTY PLANNING DEPARTMENT
123 Washington Street
812.376.2550
www.columbus.in.gov/planning

COLUMBUS PARKS AND RECREATION DEPARTMENT
22nd and Sycamore Streets
812.376.2680
www.columbus.in.gov/parks-recreation

COLUMBUS POLICE
123 Washington Street
812.376.2600
http://bit.ly/columbussafety

COLUMBUS TRANSIT (RACK & ROLL BIKE SERVICE)
Mill Race Station
900 Lindsey Street
812.376.2506
http://bit.ly/columbustransit

HEALTHY COMMUNITIES
2400 E. Seventeenth Street
Columbus, IN 47201
812.376.5452
www.whatsyourreach.org

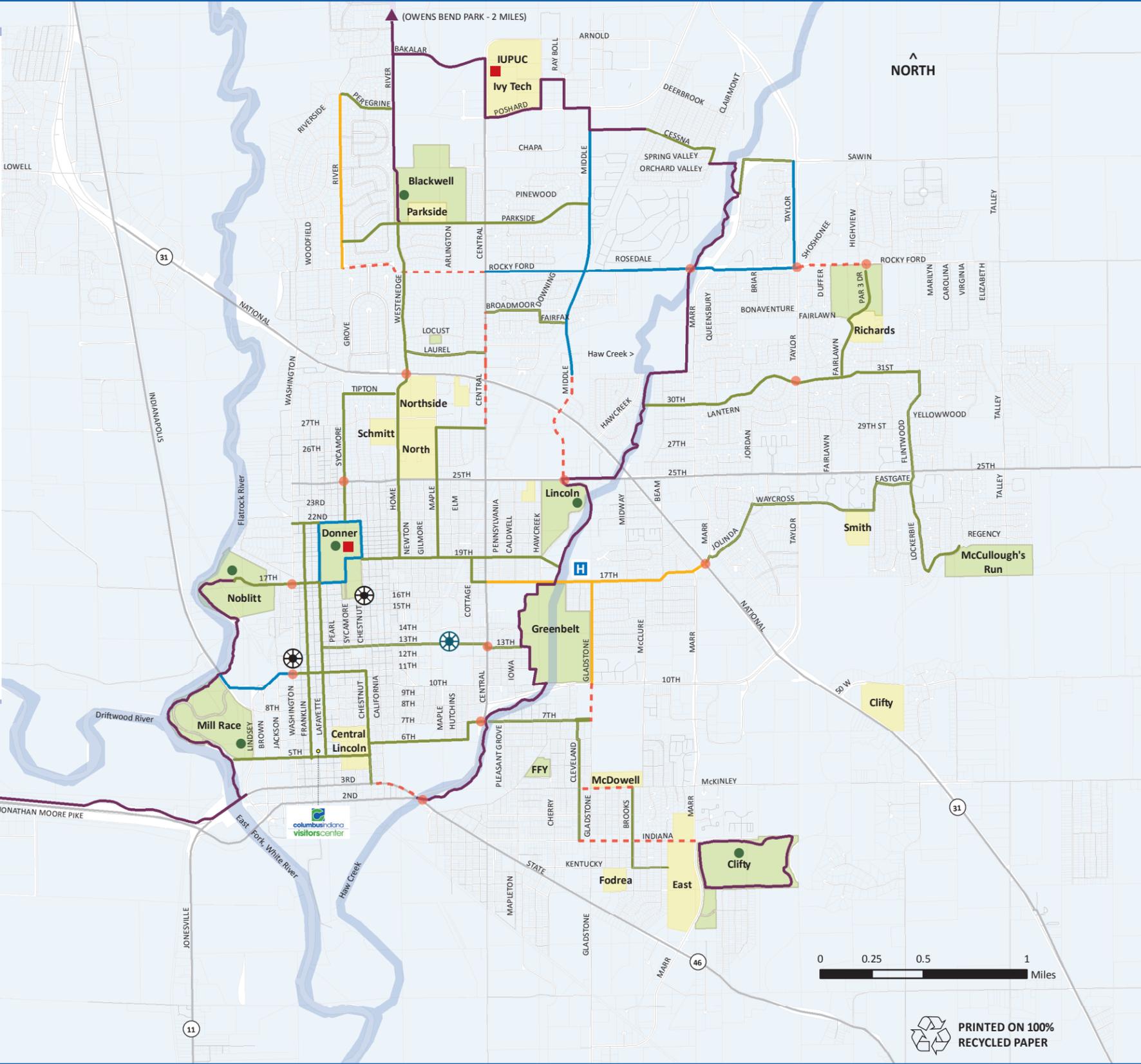
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THE PEOPLE TRAILS & PARK FOUNDATION

The Columbus People Trail System is over 20 miles of paved pathways around Columbus. Anything people powered is welcome. It's a pleasant way to travel to work, enjoy the outdoors, and get some exercise. The paths run close to three rivers, two creeks, green spaces, and farmland. The first trail section was completed in 1987. The Columbus Park Foundation supports the construction, development, and maintenance of the trail system. For more info. or to donate, visit: www.columbusparksandrec.com

MAP LEGEND

- **PEOPLE TRAIL (Multi-use Path)** : Typically an 8'-12' wide path separated from the street for pedestrians and bicyclists only (closed to the use of motor vehicle). When using the People Trail, please stay right in order to allow other users to pass safely.
 - **SIDEPATH** : Wide sidewalk located adjacent to the street that has been designated for use by pedestrians and bicyclists. Ride slowly and watch for pedestrians on these routes. Be cautious near driveways and intersections.
 - **BICYCLE LANE** : Marked by a painted line and bicycle symbol in the road right-of-way separating bicycle and vehicular traffic. Typically on higher traffic street. Not for pedestrian use.
 - **PREFERRED BICYCLE ROUTE** : Located on lower traffic streets. Some routes are signed as a bike route or are marked as sharrows, while others have neither. The mapped route should be used as an alternative to high speed and high traffic streets.
 - - - **DIFFICULT CONNECTION/DIFFICULT INTERSECTION** : Located in areas with higher speeds and/or volumes, combined with narrow lane widths or other problems for cyclists. Use with caution!
 - **TRAIL PARKING** : Parking is available at many locations along the trail, which allows for convenient access to the People Trail network.
 - PARKS**
 - SCHOOLS**
 - **BIKE REPAIR STATION** : The repair stations, located at Donner Center and Ivy Tech, make it easy for anyone to complete basic bicycle repairs while out-and-about. The basic repair stations have a durable air pump and basic maintenance tools.
 - H **HOSPITAL**
-
- ⊗ **COLUMBUS BIKE CO-OP**
1531 Thirteenth Street
 - ⊗ **LOCAL BIKE SHOPS**
Columbus Cycling and Fitness, 833 Sixth Street
The Bicycle Station, 1201 Washington Street



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