

**WAIVER, RELEASE AND INDEMNITY
AGREEMENT
FOR TOUR DE TRAILS 2013
8K RUN, 5K RUN, 5K WALK
& KIDS FUN RUN
READ BEFORE SIGNING**

***REGISTRATIONS WITHOUT SIGNED
RELEASE WILL NOT BE PROCESSED***

In consideration of acceptance of my entry, I hereby release, discharge, and agree to hold harmless the Columbus Park Foundation, the Columbus Parks and Recreation Department, the City of Columbus, IN, any sponsors, officials or organizers of this event and each of them together with their successors, assigns, officers, agents and employees from any and all liability for injuries to property or person suffered by me as a result of my participation in this event. By execution of this waiver, I assume all risks associated with my participation in this event including, but not limited to falls, the effects of weather, traffic, road and trail conditions, and all risks associated with running or walking in an urban setting whether or not such risks are specifically known or appreciated by me. I verify that I am physically fit and have sufficiently trained for this event and that my physical condition has been verified by a licensed medical doctor. I specifically agree that it is not the duty of any of the parties listed above to check, monitor, or evaluate my physical condition for the appropriateness of my participation in this event at any time. I agree to indemnify any of the parties listed above for damages caused by me to any such party or parties and any third parties, by virtue of my participation in this event.

SIGNATURE :

X

DATE : _____

**A SPECIAL
THANKS TO
OUR SPONSORS**

ELITE CLUB
TROPICAL SMOOTHIE CAFE

CHALLENGE CLUB
LHP SOFTWARE

MILE MARKER CLUB



The Columbus Park Foundation
PRESENTS

THE TWELFTH ANNUAL

Tour de Trails
8K RUN,
5K RUN &
5K WALK
+ FREE KIDS FUN RUN



SATURDAY, APRIL 20, 2013

8K RUN BEGINS AT 8:00 A.M.

5K RUN AND WALK BEGIN AT 8:10 A.M.

KIDS FUN RUN AFTER RUN/WALK

www.columbusparkfoundation.org/events/tourdetrails

**T-SHIRTS
GUARANTEED FOR
ENTRIES RECEIVED
BY 3/14**

**NOW FEATURING
CHIP TIMING!**

**LHP SOFTWARE
COLUMBUS, IN**

SUPPORT OUR PEOPLE TRAILS!



The Columbus, Indiana People and Bike Trail System is available for all types of people powered transportation. It is an ever evolving system with a final goal of connecting our citizens, and guests of our city, to key destinations throughout our community. The overall goal of future expansion of our trail system is to bring a trail connection within 3 blocks of 90% of our residents. Your participation in the Tour de Trails event(s) provides needed funds for maintenance and expansion. We thank you for joining us in this exciting and growing event!

**NEW FOR 2013:
CHIP TIMING!!**

RACE DAY SCHEDULE

7-7:45 A.M. Race Day Registration and packet pick-up

8:00 A.M. 8K Run

8:10 A.M. 5K Run & 5K Walk
(begins behind 5K Runners)

Post-Race (approximately 9:20 A.M.):

Refreshments, Free Kid's Fun Run, and Overall and Age Group awards

COME FOR THE RACE, STAY FOR THE PARTY!



After the race, please join us for refreshments, including a smoothie from Tropical Smoothie Cafe & awards! Awards will be given to the overall male and female finishers of the 8K and 5K. Also, age division awards for ages 11-80+ will be

given based on the number of pre-registered entries.

THE 8K RUN

This USATF certified 8K course begins and ends at LHP, taking runners along our newest section of People Trail, the Owens Bend Trail. It begins at 8:00 A.M. and refreshments and awards will be given afterwards. So, put on your running shoes and make sure to hit this exciting course!



5K RUN AND WALK

The USATF certified competitive 5K course tours the newest section of People Trail, the Owens Bend Trail. Walkers and runners are eligible for age group awards. Don't miss out on a great way to see Columbus on foot!

FREE KIDS' FUN RUN!

This short distance run allows children of the run and walk participants the opportunity to have some fun too! It will be held at the LHP parking lot and adjacent People Trails after the 8K and 5K races. Grab your kid and a camera and join us for this exciting adventure! All participants will receive a special prize just for running with us!

REGISTER ONLINE OR BY PHONE!

www.columbusparkfoundation.org/events/tourdetrails

PHONE: (812) 376-2680
MASTERCARD OR VISA ACCEPTED

REGISTRATION FORM

NAME: _____
ADDRESS: _____
CITY/STATE/ZIP: _____
E-MAIL: _____
BIRTH DATE: _____
SEX: _____ PHONE: _____
NO SHIRT: _____ ADULT SHIRT SIZE (SMALL-XXL):
 Small Medium Large
 XL XXL

SIGN ME UP FOR:

8K Run: (circle option below)

\$15 (no shirt) before 3/15 (**620000-5A**)

\$20 (w/shirt) before 3/15 (**620000-5B**)

\$20 (no shirt) on or after 3/15 (**620000-5A**)

\$25 (w/shirt) on or after 3/15 (**620000-5B**)

5K Run: (circle option below)

\$15 (no shirt) before 3/15 (**620000-5C**)

\$20 (w/shirt) before 3/15 (**620000-5D**)

\$20 (no shirt) on or after 3/15 (**620000-5C**)

\$25 (w/shirt) on or after 3/15 (**620000-5D**)

5K Walk: (circle option below)

\$15 (no shirt) before 3/15 (**620000-5E**)

\$20 (w/shirt) before 3/15 (**620000-5F**)

\$20 (no shirt) on or after 3/15 (**620000-5E**)

\$25 (w/shirt) on or after 3/15 (**620000-5F**)

FREE Kids Fun Run - 620000-5G

Additional donation to People Trails

Total Amount Enclosed

***SIGN AND DATE YOUR WAIVER
ON THE BACK OF YOUR FORM!***

MAIL REGISTRATIONS TO:

Tour de Trails Run/Walk
P.O. Box 858
Columbus, IN 47202-0858

**CHECKS PAYABLE TO:
COLUMBUS PARK FOUNDATION**