

# City of Columbus Benefits Contacts for 2023

## Health Insurance Administrator

SIHO – 812-378-7070

[MemberServices@siho.org](mailto:MemberServices@siho.org)

<https://www.siho.org/>

Find a provider: [Find a SIHO Provider](#)



## Dental and Vision Insurance

Guardian – 1-888-482-7342

<https://www.guardianlife.com/>

Find a provider: [Find a Dentist \(guardiananytime.com\)](#)

Find a provider: [Find a Vision Provider \(guardiananytime.com\)](#)



## Health Savings Accounts (HSA)

First Financial Bank

812-376-1848

Lively

1-888-576-4837

[hello@livelyme.com](mailto:hello@livelyme.com)

<https://livelyme.com>



## Flexible Spending Accounts (FSA)

Employee Benefits Corporation (EBC)

1-800-346-2126

[participantservices@ebcflex.com](mailto:participantservices@ebcflex.com)

<https://www.ebcflex.com/participants/>



## Life Insurance and Long-term Disability

OneAmerica

1-800-553-3522

[LifeClaims.employeebenefits@oneamerica.com](mailto:LifeClaims.employeebenefits@oneamerica.com)



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## Employee Assistance Program (EAP)

Lifeservices (AllOne Health)

1-800-822-4847

<https://allonehealthmemberportal.mylifeexpert.com/login>

Company Code: LS0313



## Pharmacy Plan

Optum

1-800-356-3477

Optum Specialty Pharmacy

877-656-9604

[www.optumrx.com/](http://www.optumrx.com/)



## Aflac

Curt Carter

317-412-5176



## Travel Assistance

Made Available through OneAmerica

1-866-816-2103 (US/Canada)

1-603-328-1754 (call collect from other locations)

[mail@oncallinternational.com](mailto:mail@oncallinternational.com)

## Deferred Compensation

Lisa Duke (Edward Jones)

812-378-3012

## Healthcare Navigator

812-343-9840