2027 City of Columbus Full-Time Employee Fitness Benefit

AEI Fitness Center

Department of PARKS & REC Columbus, IN

MEMBERSHIP OPTIONS

New for 2027! Get up to 2 total memberships for yourself or your dependent(s)

Open Gym Membership: $5/person/pay period

~~$35/Month~~

Take complete control of your training with access during our open gym hours.
Clean, well-equiped, and ready when you are!
Add-on single class sessions for $5 per class.

Unlimited Class Membership: $18/person/pay period

~~$149/Month~~

Personalized support of attentive coaching in a small group setting.
Membership includes open gym access.
Six distinct classes, choose your workout based on how you feel!

Strength Essentials
(BEGINNER TO INTERMEDIATE)
Build full body strength while learning proper technique and fundamental movements.

Signature Strength
(ADVANCED)
Focus on advanced technique and build serious strength using barbells and compound lifts.

Elevate
(INTERMEDIATE)
Boost strength and endurance with intervals of resistance exercises, carries, and cardio.

Amplify
(BEGINNER TO INTERMEDIATE)
Stay moving with high-energy circuits of cardio and primarily bodyweight movements.

Kinetic
(INTERMEDIATE)
Move better and easier with training that develops balance, coordination, and postural strength.

Precover
(ALL LEVELS)
Prepare for your next workout or recover from your last with guided mobility, flexibility, and recovery techniques to reduce soreness and keep you feeling your best.








Contact AEI Fitness Center to set up a tour, ask questions, or enroll.
Scan the QR code above for gym information and hours.

812-669-5310 | aeifitnesscenter.com | NexusPark Entrance 2